

# Naracoorte South Primary School

7th March, 2024

From Ms Edwards

What an excellent turn out we had at our Governing Council AGM.

I would like to welcome and thank our new and continuing councillors for 2024:

Chairperson: Monique Crossling Deputy Chairperson: Di Schinckel

Secretary: Alice Norcock Treasurer: Bec Henschke

Committee Members: Emma Cother, Eliza Mulraney, Milly Wood, Dellie Brown, Sian Burns,

Mary Obst, Amy Mott

Staff representatives: Liam Janssan and Ash Anderson

We look forward to working with you all this year.

A big thank you to our retiring members, Lauren Crossling, Skylea McLean and Catherine Flint. Thank you so much for your ongoing support as Governing Council members over the years, we truly appreciate you and the impact you have had in our school community.

#### **Kindness Award**

This year I have introduced a new award that will be presented at our assemblies – "The Kindness Award". Each day I will be looking at students who stand out to me by displaying kindness in our school. Congratulations to our first recipients Harley Lewis and Charlotte Meldrum who have both demonstrated ongoing kindness to their peers and staff in our classrooms and yard. Charlotte and Harley also received an invitation to have a "picnic with the principal" in week 11. We are so proud of you both!

#### **SAPSASA News**

Well done to Winnie Schinckel who has been selected to represent the Upper South East at SAPSASA Softball in Adelaide. Great job Winnie!

#### **Leaders Day and Numeracy Summit**

On Monday and Tuesday this week Mrs Kerr and I were lucky enough to have the opportunity to join other principals and directors all over South Australia at our annual Leaders Day Conference in Adelaide. On Monday we heard from Chief Executive Martin Westwall and the Minister for Education, Blair Boyer, who outlined their vision for public education and future directions for our state. On Tuesday we attended the Numeracy summit, which was presented by a range of national and

Resilience Opportunity Responsibility Dride

**Important Diary Dates** 

Friday 8th March - STUDENT FREE DAY
Monday 18th March - 6:00pm Governing Council meeting
Thursday 28th March - Special Persons Day

#### ACKNOWLEDGMENT OF COUNTRY

We pay respects to the traditional custodians the Meintangk/Moandik peoples of the Boandik Nation. We also acknowledge other First Nations people.

To Elders both past, present and emerging for their continuing connection to the land, animals and our community. We remember this land is, was and always will be traditional Aboriginal land.



international Numeracy experts. I left feeling very inspired and excited for our ongoing Numeracy improvement.

#### **Stand Like Stone**

I would like to take this opportunity to thank the Stand Like Stone Foundation and their Back to School Program. For 20 years Stand Like Stone has supported local public schools through this foundation. This year they secured 1,160 \$50 vouchers that have been distributed to 40 local schools

to support regional, rural and remote children and young people. The foundation provide schools with \$50 vouchers that can be used to purchase items such as uniforms, shoes, school bags, stationery etc. Thank you also to all of the local donors who have contributed to the program over the years, we are so grateful.

#### **Building Upgrades**

We are very excited to be starting the renovation for our girls toilets. As of next week we will have tradesmen on site and a fenced off area on our asphalt. There will be lots of action happening for a little while and this will bring some disruptions to our routines.

Class teachers will be speaking to students about the changes, please have a chat with your child if they are anxious about any of the works.

#### **Rain Water Tank Updates**

Over the last few weeks Gavin has been working with Luke Attwood to clean and replace the rainwater in our tanks. With a new pump from Lawrences Irrigation and rain water from Henschke Industries, our students have access to rain water in the drinking fountains. In the coming weeks the refrigeration units will be fitted in enclosed cages. Thanks to Crocker Engineering for designing and constructing these. Henschke Industries very kindy donated \$500 towards the cost of the rainwater. Thank you!



# **Stand Like Stone**

Inspiring kindness and courage

## IS YOUR CHILD STARTING SCHOOL MID YEAR 2024 OR START OF YEAR 2025?

What an exciting time - here is your checklist to follow to make everything that little bit easier.

- Book a principal tour via this link https://narsouthps.sa.edu.au/
   principal-tour/.
- 2. Express your interest by filling out the required forms available at the front office.
- Stay in the loop via social media and email to know when our open day / nights are as well as kindy transition days (these aren't until term 2, so it's important you have selected your school of interest prior)

Please don't hesitate to contact us for more information, we are happy to answer any questions! We can't wait to welcome you to our NSPS community.

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## **Deputy Principal**

#### **KIC Representatives**

Each semester, the classes vote for a 'Kids in Charge' representative. The KIC Rep attends a fortnightly meeting and discusses matters that are important to the students. Some of the topics include grounds and maintenance, fundraising, school values and our intention for the fortnight. It is an honour, and a privilege, to be chosen as the class KIC Rep. The students take their role very seriously and love being part of the group. Congratulations to Semester One's representatives.

along so that they can hear all the wonderful things their teacher says about them!

Bookings will once again be online, so keep an eye out for details next week.

Heidi

## KIC Reps 2024 – Semester 1

Nic Reps 2024 – Jennester i				
	Semester 1 Reps Semester 1 Proxie			
Room 2	Molly Newell	Evie Biswell		
ROOM 2	Lewis Vanstone	Callum Boden		
Room 4	Bonnie Crossling	Maverick Trotter		
	Harley Lewis	Penny Wood		
Room 5	Wyatt Moffatt	Logan Joubert		
	Lulu Burns	Zara Secker		
Room 7	Ada Oram	Eloise Lawrie		
	Mattheus Nel	Joshua Humby		
Room 8	Mehnaz Hussaini	Addison East		
	Eli Williams	Dustyn Negri		
Room 11	Harry Heffernan	Charlie Haynes		
	Gabby Moore	Frankie Crossling		
Room 12	Tilli Gregory	Chyanne Cubero-Hobbs		
	Angus Jones	Jaxon Harvey		
Room 13	Bruce Freeman	Axel Brown		
	Maya Pohlner	Palace Gnys		
Room 14	Winnie Schinckel	Charlotte Meldrum		
	Arlind Oster	Chase Redding		
Room 16	Nida Sultani	Olivia Sinclair		
	Liam Doyle	Muhammad Karimi		
Room 19	Lincoln Ebert	Ned Pearce		
KOOIII 19	Evie Darlow	Claire McCallum		



#### 'Dress Like a Teacher' Day

Today, we held our 'Dress Like a Teacher' dress up day. It was so much fun to see the students' interpretations of how their teachers dress each day. Keep an eye out in our next newsletter for some photos. The money raised today will be donated to 'Spare Ya Change 4 Kids' who provide meals to families in need. Each fortnight, SYC4K provides around 800 meals directly to education sites around the Limestone Coast. If your family would like some meals for the freezer, please contact the school on 8762 2977. With the rising cost of living, everyone needs a little help sometimes, so please reach out if you need it!

#### **3-Way Conferences**

3-Way Conferences will be held in Week 9. You will soon receive communication about how to book in to see your child/ren's teacher. These conferences are crucial as they provide teachers the chance to communicate with you and your child, allowing you to set goals for their learning and understand what they are working on in class. It is important that you bring your child



## Wellbeing

#### **Interoception Room**

This is such a great space that students are accessing throughout the day to help them be Ready to Learn and regulate. Mr B is doing an excellent job at supporting students to develop their Interoception and mindful skills when he works with students on Wednesdays and Fridays. Classroom teachers are also accessing this space for students during the day when they feel they need it.

#### **Breakfast Club**

We are very excited to have so many students coming in during the mornings to have breakfast and a milo with us from 8am – 8:30am. Thank you to those lovely people who have put their names down with Kayla at the office to help out at Breakfast Club. I am truly very grateful for your help and support so we can ensure this wonderful program keeps running 5 days a week.

#### Mindfulness

Last newsletter I talked about the importance of mindfulness is helping with how we are feeling every day and dealing with big emotions and anxiety. This week I have included 5 fun mindful activities you could do with your children. Not all mindful activities need to be still, being mindful can still be moving around and being active but just being aware of your surroundings.

As always, please reach out if you or your child needs support, my email is <a href="mailto:jessie.cope810@schools.sa.edu.au">jessie.cope810@schools.sa.edu.au</a> or you can call through at the office to talk to me.

Thank you,

# Jes s ie

# TENSE AND RELEASE MUSCLE RELAXATION

- Starting at your feet, gently squeeze the muscles and tighten your feet, then slowly release.
- Next, squeeze the large muscles in the calves for 5 seconds, then gentle release.
- Work your way up your body, squeezing each of the muscles for 5 seconds and then release.
- From thighs, stomach, hands, arms, shoulders, mouth, cheeks, eyebrows, all the way to the top of the head.





### For CHILDren



# "ONE BREATH AT A TIME" BREATHING ACTIVITY

- Find a quiet and relaxing place to sit comfortably on the floor or in a chair.
- Set a timer for I one minute
- Breathe deeply in and out and pay attention to your senses. What can you hear? What can you feel in your body?
- Take another deep breath, this time slower and deeper and image the air filling your lungs and then leaving your body.
- Take one more deep breath, hold it, and then release.





#### CREATE A GLITTER JAR

- Find a jar or plastic bottle and decorate however you like.
- Fill the bottle 3/4 of the way with water.
- Add clear glue, food colouring and glitter.
- · Seal the lid.
- Shake and watch the glitter.



#### HEARTBEAT EXERCISE

- Jump up and down, run on the stop or do jumping jacks for one minute
- At the end of the minute, place your hand on your heart and pay attention to to how your heartbeat and breathing feets.
- Do this for a minute and notice if there are any changes.





#### GOING ON AN ADVENTURE

- Go outside for an adventure. See if you can find a small rock, or touch a plant or a flower.
- Notice the bugs and the birds, what do they look like? What noises do they make?
- Walk mindfully and pay attention to the things you see. What colours do you notice, how to things feel when you touch them? What sounds can you hear? Are there any smells?



# Children's University

Children's University is back for 2024!

This program is open to all students from year 2 to 6 (age 8 and above) and recognises the learning that students do outside of school hours. Students need to be self-motivated and are responsible for completing their learning and uploading their work to the CU Portal.

If your child is interested, please collect a form from the office and make sure it is completed and returned by the due date along with the money to participate.

If you have any questions or would like more information, please contact me at school or at

tracy.hahn121@schools.sa.edu.au

Tracy Hahn
NSPS Children's University Coordinator



# ASSEMBLIES WEEK 8 FRIDAY 22ND, 11:30 YEARS 3-6 ROOM 16 ARE HOSTING. ROOMS 11, 13 AND 19 ARE SHARING. FRIDAY 22ND, 9:15 YEARS R-2 ROOM 7 ARE HOSTING. ROOMS 2, 4 AND 8 ARE SHARING.

PLEASE NOTE CHANGE OF DATE FOR YEAR 3-6 ASSEMBLY DUE TO HARMONY DAY ACTIVITIES.

## Easter Raffle

It's time for the famous Naracoorte South Primary School Easter Egg Raffle again! Raffle books went home this week. So keep a look out for them.

The raffle has a reputation for being fantastic value with approximately 20 winners each year and tickets only cost \$1.00.

**Families are asked to donate Easter eggs towards the raffle and to sell one book of 10 tickets.** Of course, there are extra books available for enthusiastic raffle ticket sellers!

Amelia Wood Fundraising Chair



## Happy Birthday to ...



Viola Starke who was 7 on 17th February

Ada Oram who was 6 on 18th February

Penny Wood & Jaxon Bilston who were 5 on 19th February

Tariro Chambara who was 12 on 20th February

Zahra Fedayee who was 5 & Oliver Cross who was 6 on 21st February

Lucas Whitehead who was 9 on 22nd February

Harley Lewis who was 5 & Anakie Gregory who was 11 on 23rd February

Eli Williams who was 7 on 28th February

Nina Williams who was 6, Ruby Murphy who was 9 & Makenzie Bell

who was 10 on 3rd March

Betty Pomery who was 5 on 4th March

Darcy Hill who was 11 yesterday, 6th March

Dan Teklemariam who is 11 today, 7th March

# Exploring Chinese Culture and Creativity in the Arts.

As we reflect on the enriching experiences of Term 1 in the arts, I'm thrilled to share our students' incredible journey. This term, we've delved deep into the vibrant traditions of Chinese culture, especially as we celebrate the Year of the Dragon in 2024.

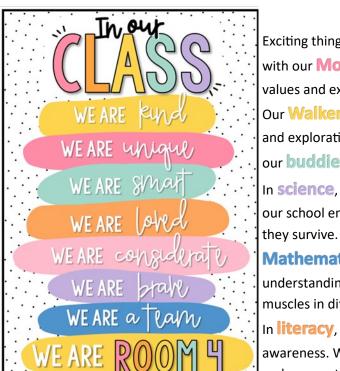
Students have immersed themselves in various creative activities throughout our exploration of Chinese New Year festivities. From crafting beautiful lanterns to dancing like dragons, they've been learning and enjoying themselves. These activities have not only introduced them to cultural traditions but also nurtured their skills in dance and creativity. They explored music techniques and dance choreography while learning about the methods used in Chinese dragon dancing.

Our imaginative journey will transport us to the enchanting world of "Puff the Magic Dragon." Through storytelling, puppetry, and creative world-building, students will discover how imagination and creativity can breathe life into stories. They will explore drama through setting scenes and investigate visual arts, experimenting with colour and texture to enhance their storytelling skills.

In addition to our cultural exploration, our Junior Primary students have been learning the moves for the Health Hustle at Sports Day. Their dedication and enthusiasm in mastering these dance moves have been truly impressive, and we're eagerly anticipating the opportunity to showcase their talents on the big day. Together, we've embarked on a journey of discovery and growth in the arts, laying the foundation for even more exciting adventures ahead.

Warm regards, Michelle Stewart, The Arts Teacher





#### Room 4

Exciting things are happening in Room 4! Every morning, we start our day with our **Morning Circle**. In the circle we give a warm greeting, identify values and expectations, and reflect on our successes.

Our Walker Learning 'Investigations' are packed with loads of fun and explorations. During the week we're also thrilled to be working with our buddies from Room 13 and Room 2 on fun activities and projects. In **science**, we're exploring the wonders of living and non-living things in our school environment. We're learning what makes them tick and how

Mathematics is a blast as we dive into games that make counting and understanding numbers a breeze. We're also flexing our problem-solving muscles in different learning areas.

In **literacy**, we're sharpening our reading skills through phonological awareness. With a focus on sounds like 'm', 's', and 't', along with blending and segmenting words, we're becoming even stronger learners every day!

In everything we do we aim to...



























#### Naracoorte Multicultural Cricket Saturday 23rd March 2024

9:00am - 1:00pm Wortley Oval Bring hat, sunscreen and drink bottle! Harmony Day event









FRANCES SA 5262

# Term 1, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
29/1 wk 1	30/1	31/1	1/2	2/2
5/2 wk 2	6/2	7/2	8/2	9/2
12/2 wk 3	13/2 5pm Meet NSPS Community	14/2 Basketball with Matho	15/2 Newsletter	16/2
19/2 wk 4	20/2 SAPSASA Softball Trials	21/2 Basketball with Matho	22/2 9:00am Yr 3-6 Assembly 10am Bounce & Bop	23/2 9:15am R-2 Assembly
26/2 wk 5 6pm Governing Council AGM	27/2 10am Learning Together Playgroup YELP @Caves	28/2 Basketball with Matho	29/2 10am Bounce & Bop	30/2
4/3 wk 6	5/3 10am Learning Together playgroup	6/3 Basketball with Matho	7/3 10am Bounce & Bop Newsletter	8/3 STUDENT FREE DAY
11/3 wk 7 ADELAIDE CUP HOLIDAY	12/3 10am Learning Together playgroup	13/3 NAPLAN Basketball with Matho 3:30pm Fundraising	14/3 10am Bounce & Bop NAPLAN	15/3 Yr 5/6 Field Days NAPLAN
18/3 wk 8  NAPLAN 11:55 Road Monitors  Training 6pm Governing Council	19/3 10am Learning Together playgroup NAPLAN	20/3 NAPLAN Basketball with Matho	21/3 NAPLAN 10am Bounce & Bop Harmony Day	22/3 NAPLAN 9:15am R-2 Assembly 11:30am Yr 3-6 Assembly
25/3 Wk 9	26/3	27/3	28/3	29/3
3 Way Conferences (Parent, Student, Teacher) SAPSASA Softball Carnival Easter Raffle due back	10am Learning Together playgroup	Basketball with Matho Choir @ NPS	10am Bounce & Bop Newsletter 10:30 Special Persons Day Easter Raffle drawn	GOOD FRIDAY
1/4 wk 10 EASTER MONDAY	2/4 10am Learning Together Playgroup 6pm Governing Council	3/4 SAPSASA AFL Boys Carnival Basketball with Matho	4/4 10am Bounce & Bop Susan McLean Cyber Safety @ NHS Yr 3-6	5/4 SPORTS DAY
8/4 Wk 11 SAPSASA Swimming	9/4 10am Learning Together playgroup	10/4 SAPSASA AFL Boys Trial Basketball with Matho	11/4 10am Bounce & Bop	12/4 2:15pm Dismissal



