

Naracoorte South Primary School

2nd February, 2023

From Ms Edwards



Welcome to the world Lottie!

We start this week with some wonderful news to share. On Saturday 18th of February, Lucy Cappelluti and her husband Michael welcomed Lottie Annabel to the world. We are thrilled for Lucy and Michael and can't wait to meet dear Lottie. We wish you all the best for this very special time as a new family of three.

Site Improvement Plan

Our Site Improvement Plan (SIP) is the driver of whole-school improvement, which is informed by evidence of student learning and best-practice strategies for achieving growth. In 2023 we are narrowing our focus for improvement to Numeracy which is to: *Increase the number of students achieving Standard of Educational Achievement (SEA) and higher bands in Numeracy.* We have a lot of our students sitting at SEA, but this year we really want to target lifting and stretching those students even further.

At NSPS we seek growth for every student, in every class by creating an environment that encourages and enables continuous improvement. Throughout the year you will hear your child talk about growth mindset, mistakes making their brain grow and having positive outlook towards Maths. Teachers and SSO's will be providing high quality teaching and learning to ensure every child is provided with the opportunity to reach their full potential. We all play a part in our children reaching their goals, let's set those high expectations and work together to encourage them to succeed.

Student Free Day

Last Friday our teachers participated in professional development on 'Teaching Sprints' with Dr Simon Breakspear at the Barn in Mount Gambier. It was a fantastic day to connect with other educators in the area and have robust and rich conversations about how we can further enhance our teaching practice.

Teaching Sprints Supports Teachers To:

- Meaningfully engage with the best available evidence in the field
- Make incremental changes to teaching practice, for big impact over time
- Establish the organisational routines needed for job-embedded teacher learning
- Engage in collaborative and disciplined dialogue with their peers



Resilience
Opportunity
Responsibility
Pride

Important Diary Dates

School Closure - Friday 17th March
Sports Day - Friday 31st March

ACKNOWLEDGMENT OF COUNTRY

We pay respects to the traditional custodians the Meintangk/Moandik peoples of the Boandik Nation. We also acknowledge other First Nations people.

To Elders both past, present and emerging for their continuing connection to the land, animals and our community. We remember this land is, was and always will be traditional Aboriginal land.

- Make more effective use of available team collaboration time, supported by tools and protocols
- Deepen their knowledge of the science of learning, and be inspired by a process of continual professional improvement

This year we will continue to use the 'Teaching Sprints' process to further improve our Mathematics practice. We are continuing to embed the work from our professional development days from last year with Mathematician - Michael Minas. Our staff are currently using the latest - evidence based strategies to implement a problem solving approach in their Mathematics lessons. Current research suggests that using a problem solving approach of teaching Mathematics leads to an increase of engagement and confidence, higher productivity, deeper thinking, provides opportunities for decision making and risk-taking, more perseverance and students can actually see how Math's is useful in the real world.

Intervention in 2023

Welcome to the 'Wonder Room'! (Named by our students) This year we are implementing an Intervention room where students receiving 1:1 targeted Literacy or Numeracy intervention. Vicki, Sally and Fee (our highly skilled SSO's who are passionate about intervention) will be working from this space and leading this will be Heidi Kerr. We are excited to implement this structured and targeted intervention in 2023 and look forward to seeing a positive impact in our data.



Interoception at NSPS



You may have heard your child talk about Interoception, as this year we are focusing on implementing Interoception as a site-wide practice. Interoception is an internal sensory system that perceives the internal physical and emotional states of the body. It is necessary for a range of basic to advanced functions, such as knowing when to go to the toilet or that you are becoming angry. Children who have not yet developed interoception skills will struggle to deal with their own emotions and to manage social interactions. Children with well-developed interoception are able to use both logic and emotions to respond to their environment, whereas those without tend to rely on logic and have to carefully think through their possible responses to each situation. Thinking through each situation long term can be extremely tiring and can contribute to overload, shutdown, meltdowns and anxiety. Every class has been practising 'Interoception' exercises at the beginning of the day and after recess and lunch, we will also be introducing students to new exercises each fortnight at our intention assemblies. For our students who need additional support to regulate we have created the Interoception room.

This has been a year long process in the making to update our 'Sensory Room'. Last year Rich Fiegert and I visited WestPort Primary to see their Interception room and hear about how they implemented Interception across the site. We have been working with OT, Anne-Marie Gibb – from the Self Regulation service to create this space. We were also successful with a \$2000 grant to purchase all of the resources. We have staff rostered in the Interception room at the start of the school day and after play times with a scheduled time table of students who teachers have identified that need additional support with self-regulation.

Here are the steps that students take to go through the Interception room:

Step 1: Check in and record heart rate

Step 2: Choose an Interception Exercise

Step 3: Choose a calming activity

Step 4: Hydrate and Check out



Water Fountain

Thanks to the Wood Family for their generous donation of our 2 new water fountains. We now have the second one installed next to Room 19 by the back oval.



Stand Like Stone Vouchers

Last week I attended a Stand Like Stone voucher presentation afternoon tea in the Noel Barr Toyota showroom with other representatives from local schools.

This year Stand Like Stone have donated thirty six \$50 KMART vouchers to NSPS and 40 other public schools in the Limestone coast.

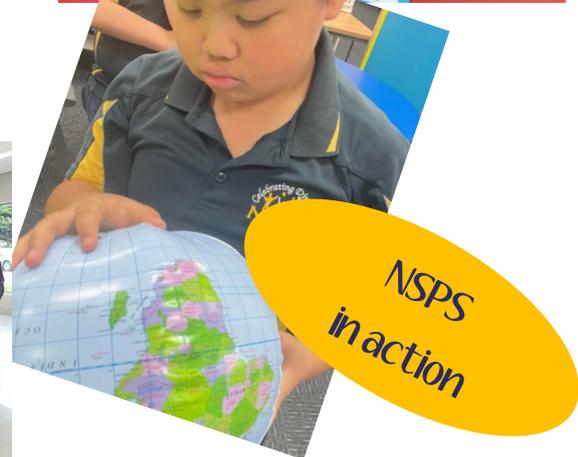
We are so grateful for the generous support from SLS each year and thank them for assisting us to support our families.



SAPSASA Softball

Congratulations to Nate Marshall who has been selected to represent the USE in Softball

Jess



Deputy News

Wow, what a busy and exciting start to our term. I have enjoyed getting to know everyone at NSPS and thank you for welcoming me so kindly.

KIC Intention Assembly

Each fortnight, our KIC executives run our Intention Assembly. This is an opportunity for the school to get together and celebrate successes, pass on important information and, of course, celebrate birthdays! In this session, the KIC executives will set an intention for the coming fortnight. This is a whole-school focus, based on our Play is the Way principles.

This fortnight's intention is **'Be Brave – Participate to Progress'**.

School is about stepping bravely into the unknown. The unknown is often uncomfortable. The braver you are, the more you learn. You may like to speak to your child/ren about this intention – it can apply to many areas in life, not just school!

NAPLAN

Our students in Years 3 and 5 will complete the NAPLAN assessments online this year (Year 3 students will complete the writing task using paper and pencil. All other tested areas will be done online). The testing will take place in Weeks 7 and 8 this term. To prepare our students and to test our IT systems, a trial assessment will occur next week, on Tuesday 28th of February. This will involve Years 3 students completing a 45 minute practice test which will incorporate literacy and numeracy perspectives. Please be aware that an assessment report of student achievement will not be provided to families for the practice test.

For parents/caregivers of students in these year levels a privacy collection notice was sent home via Seesaw this week. If you have any questions, please contact your child's classroom teacher or myself to discuss.

Heidi Kerr

Deputy Principal

Be brave – participate to progress

- Don't be afraid to make mistakes
- Try new things
- Be brave with new things
- Ask questions if you need help



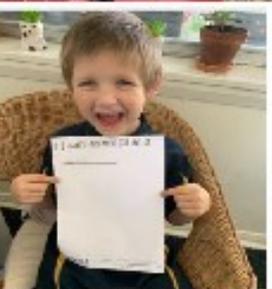
Roster

Monday 27th Feb	*
Thursday 2nd Mar	K Lewis
Friday 3rd Mar	N Sneath
Monday 6th Mar	*
Thursday 9th Mar	*
Friday 10th Mar	E Mulraney
Tuesday 14th Mar	*
Thursday 16th Mar	S Burns
Friday 17th Mar	School Closure

Any help for the days with * would be appreciated. Thank you

Ginny Harvie
Canteen Manager





What an amazing start to the 2023 school year we have had!

Room 2 have been practicing their classroom expectations, routines and developing beautiful friendships with each other and other members of the NSPS community.

We love singing, dancing, reading, drawing, imaginative play as well as art and craft.

It has been an absolute pleasure to watch the growth and development of our little people over the last few weeks and we are very excited to see where the year takes us.

Miss A and Mrs B



Counsellor Chat

Happy Week 4! The term is underway and we are getting into the swing of 2023!!!

YMHA begins

This year's Youth Mental Health Ambassadors have already begun their work in promoting positive vibes and wellbeing.

Pictured are Nida Sultani, Eric Li, Lacey Foale and Patence Schultz preparing their introductory speech for our first Intention

Assembly of 2023. Here is what they said:



- ◆ My name's Nida. I have been here for all my schooling and I'm really excited to be a YMHA leader. I like reading and drawing.
- ◆ I'm Eric - I have been here for 5 years and I like music.
- ◆ My name is Lacey, I have been here for half a year and I play netball.
- ◆ I'm Patence and I have been here for all my schooling and I do Acro, dance, and netball.

We wish them all the best for a happy and successful year.

Volunteers

It is that time of the year when we ask our families if there is anyone who would be available to lend a hand with some of our programmes and activities. As you may realise, there are so many things going on at our School and many of these rely heavily on volunteers to keep going.

One such programme is Brekky Club, which runs each morning from 8:00-8:30am to provide breakfast to students who need it. Other ways to volunteer are; our school canteen – known as “The Hunger Barn” runs 3 days a week. The LAP programme involves a weekly 1:1 session with a student to help build skills to help them to be successful at school.

Involvement on Governing Council is a great way to learn about and contribute to the workings of the School. Please check out the Volunteer form enclosed with this newsletter for a more complete rundown of ways that you could be involved in our wonderful School.

If you are interested in helping but are not able to donate time regularly, please stay tuned for requests for help at our upcoming Sports Day in Week 9.

In accordance with Departmental policy, regular volunteers will need a current Police Safety check (Free for volunteers) and to complete RRHAN training (Recognising and Responding to Harm, Abuse and Neglect) which will be provided by the School this term. If you would like further information about volunteering, please do not hesitate to contact me on 87622977.

LAP friends at our Christmas party



Brekky club

IMS

The Instrumental Music teachers

recently presented a

demonstration session to Years 4/5/6. Following this, students were invited to nominate an instrument that they would like to learn this year, and consent forms were sent home. The application process is now closed and instruments are being assigned on a “first come, first served” basis. With the large number of applications received and the limited number of lessons and instruments available we have needed to create a waiting list. Teachers Geoff Stephens (woodwind and percussion) and Sonja Gooding (brass) are currently finalising their groups, and families will receive notification of the outcome. It is great to see so many keep musicians in our midst!



Take care!

Cathie Biggins

Wellbeing Leader

Children's University

Children's University is back for 2023!

This program is open to all students from year 2 to 6 (age 8 and above) and recognises the learning that students do outside of school hours. Students need to be self-motivated and are responsible for completing their learning and uploading their work to the CU Portal.

If your child is interested, please collect a form from the office and make sure it is completed and returned by the due date along with the money to participate.

If you have any questions or would like more information, please contact me at school or at tracy.hahn121@schools.sa.edu.au

Tracy Hahn

NSPS Children's University Coordinator



January Birthdays



February Birthdays



Happy Birthday to ...

Yasin Haidari who was 6 & Skylah Gnys who was 11 on 4th February

Maika Bower-Morunga who was 6 on 6th February

Saleh Al Nahdi who was 5, Claire McCallum who was 9 & Will Maney who was 11 on 7th February

Jorja Walker who was 11 on 18th February

Pippa Angel who was 6 on 10th February

Ling Chen who was 11 on 11th February

Georgia Pope who was 11 on 12th February

Jordi Bubner who was 11 on 14th February

Ava Cother who was 11 on 15th February

Viola Starke who was 6 on 17th February

Ada Oram who was 5 on 18th February

Oliver Cross who was 5 on 21st February

Lucas Whitehead who was 8 yesterday, 22nd February



Basketball with Matho



NARACOORTE FRINGE 2023

Naracoorte Town Squares Saturday 25th February 12-4pm
 Bamboozled Productions will deliver the Fringe to Naracoorte this year with an entertainment extravaganza featuring a 4-hour program of 7 world-class acts! Family friendly, free and super fun, the event will be complete with food trucks, market stalls and buskers. Cost: Free



Specific Learning Difficulties SA



NARACOORTE PARENT WORKSHOP



FREE Parent Workshop

Understanding reading difficulties - Why some people struggle and how to help

- Develop an understanding of reading difficulties, including dyslexia
- Develop a practical understanding of the associated characteristics and difficulties
- Explore ways to support your child

This 2 hour workshop is a great first step to gaining a better understanding of reading difficulties and practical strategies that can help your child.

Monday 6 of March, 12:45pm-2:45pm



Naracoorte-Sunrise Christian School



BOOK ONLINE at:
speldsa.org.au/regional-parent-workshops

Thank you to the Department for Education for supporting this initiative.





BECOME A MENTAL HEALTH FIRST AIDER™

to support young people aged 12 to 18.

About 1 in 4 young Australians experience a common mental illness each year. Youth Mental Health First Aid® (MHFA) training will teach you practical skills to support an adolescent with a mental health problem. Make a real difference to the young people in your community.

KNOWLEDGE Increases knowledge of mental illnesses, treatments and first-aid actions.	CONFIDENCE Increases confidence in providing first-aid.	DE-STIGMATISING Decreases stigmatising attitudes.	SUPPORT Increases the support provided to others.
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LEARN PRACTICAL FIRST-AID SKILLS

- Recognise common mental health problems in young people
- Provide initial help using a practical, evidence-based Action Plan
- Seek appropriate professional help, and
- Respond in a crisis situation

This is a 14-hour educational course, not a therapy or support group.

DATES 28th Feb & 1st March 2023

TIMES 9:15am -5:30pm

COST Fully funded

VENUE Breakfast Room, Naracoorte Hotel, 73 Ormerod Street, Naracoorte SA 5206

FACILITATOR/S Joan Oldfield

HOW DO I SIGN UP?

Email: arnodean@hotmail.com

Priority to parents, grandparents and carers of high school age students

For more information: stat.mhfa.com.au/courses

@MHFA_SA
 /youthmentalhealthfirstaid

Upcoming EVENTS

NARACOORTE VIDEOGAMES CLUB

21ST APRIL
4-7PM 9 FOSTER STREET

16TH JUNE
4-7PM 9 FOSTER STREET

18TH AUGUST
4-7PM 9 FOSTER STREET

20TH OCTOBER
4-7PM 9 FOSTER STREET

15TH DECEMBER
4-7PM 9 FOSTER STREET

ALL AGES WELCOME. FREE FOOD AND DRINKS. GOLD COIN DONATION. FULLY POLICE CHECKED SUPERVISION

NVGGAMING.CARRD.CO

P: LUKE GODDARD: 0417896760

Term 1, 2023

Mon	Tue	Wed	Thu	Fri
20/2 Wk 4 	21/2	22/2	23/2 3-6 Assembly	24/2 R-2 Assembly
27/2 Wk 5	28/2 YELP @ Caves	1/3	2/3	3/3
6/3 Wk 6	7/3	8/3	9/3	10/3
13/3 Wk 7 ADELAIDE CUP PUBLIC HOLIDAY	14/3 KIC @ GRIP Leadership Conference International day of mathematics	15/3 NAPLAN	16/3 NAPLAN	17/3 School Closure
20/3 Wk 8 NAPLAN 7pm Governing Council AGM	21/3 Harmony Day	22/3	23/3 3-6 Assembly	24/3 R-2 Assembly 
27/3 Wk 9	28/3	29/3 SAPSASA AFL Boys District Carnival & Girls Trial	30/3	31/3 Sports Day
3/4 Wk 10 SAPSASA Softball	4/4 9.00am SMG Easter Presentation 	5/4	6/4 2.15pm Dismissal	7/4 GOOD FRIDAY
10/4 Wk 11 EASTER MONDAY	11/4	12/4 SAPSASA AFL Boys & Girls 2nd Trial	13/4 Year 3 Robe Camp 	14/4 2.15pm Dismissal

