

**NARACORTE SOUTH PRIMARY SCHOOL  
SUN PROTECTION POLICY**



**This policy takes affect:**

Throughout Term 1, 3 and 4 whenever the UV rating is 3 and above and at other times. Sun protection is not necessary when the UV is below 3 during Term 2. During Term 2, Staff and Students are encouraged to seek sun for Vitamin D. Sensible sun protection when the UV is 3 and above does not put people at risk of Vitamin D deficiency. Staff are encouraged to access the daily sun protection times on the Sun Smart app or [www.myuv.com.au](http://www.myuv.com.au) to assist with implementing this policy.

**The purposes of this policy are:**

1. To ensure that all staff and children attending our school are protected from skin damage caused by overexposure to harmful ultra-violet rays of the sun but are also able to get healthy sun exposure for Vitamin D when the UV is below 3.
2. To ensure children learn to become responsible for their own protection so that it becomes a life-style choice.

**As part of General Skin Strategies**

1. Children will wear broad-brimmed or legionnaires-styled hats which protect the face, neck and ears whenever outside. This has been a compulsory part of the school uniform from July 1996.
2. Children who do not have their hats with them will play in an area protected from the sun, i.e. the verandahs around the school.
3. Teachers will attempt to reschedule outdoor activities outside of the peak UV times of the day or in shaded areas where possible.
4. It is expected that staff will act as role models by practising Sun Smart behaviour, such as,
  - Wearing protective hats and appropriate clothing for outdoor activities.
  - Using a SPF 30+, water-resistant sunscreen for skin protection.
  - Seeking shade whenever possible.

**Our school will**

1. Maintain a compulsory school uniform policy which includes hats that are appropriate and satisfies Cancer Council UV protective guidelines. This includes tops with collars and longer style sleeves and longer style shorts, dresses and skirts.
2. Attempt to provide adequate shade for outdoor activities. Children will be encouraged to use available shade during recess and lunch times.
3. Encourage the Special Projects Committee to look at providing more shelter areas and shade trees and to monitor the shade available.
4. Provide SPF 30+ broad spectrum, water-resistant sunscreen for staff and students to use and to encourage children to learn responsible action to use sunscreen before going

outside. Sunscreen will be applied 20 minutes before going outdoors and reapplied every two hours when outdoors.

5. Incorporate programs on skin cancer prevention in the curriculum.
6. Reinforce regularly the Sun Protection Policy in a positive way through newsletters, parent meetings, and student and teacher activities.

**When enrolling a Child, Parents Will Be:**

Made aware of our school's Sun Protection Policy and Uniform Policy as part of their enrolment package.

- **Policy dated:** August 2018. **Next Review:** August 2021

