



Naracoorte South Primary School

3rd March, 2022

Principal's Report



Can you believe it's already Week 5? This term is flying! I am loving being a part of this wonderful school and community. I am especially enjoying listening to our learning conversations and watching the children thrive in their classrooms. There is so much high quality teaching happening here at Naracoorte South Primary. Every student here is provided with every opportunity to reach their full potential and our teachers and SSO's are continually going above and beyond to make sure of that. We are so excited to watch them kick their goals in 2022!

Welcome

We would like to welcome our new Reception student joining Room 4 - Travice Simpson. We hope you enjoy your time here at NSPS.

Clean up Australia Day

This Friday the 4th of March is National Clean Up Australia Day. Our school will be taking part in this from 2pm on Friday by working together to clean up areas in our school, Nature Park and surrounding neighbourhoods. Parents are welcome to join our clean up, please send your child's teacher a message via SeeSaw if you are interested. A school clean up is a great way to inspire our students to learn about the impact of rubbish in our local environment, whilst playing an active role in our community.

Governing Council AGM Monday 7th March – Everyone welcome!

Our Governing Council Annual General Meeting is set for Monday 7th March at 6:30pm. Everyone is welcome and we would love to see some new faces. As a Governing Councillor you will work alongside leadership and other parents to set goals and work towards setting the broad direction and vision of our school. We also have opportunities to be a part of our sub committees including Fundraising, Sports, Special Projects, Finance and Canteen. You do not need to be on Governing Council to join one of these committees. If you are at all interested and would like some more information about becoming a member of our Governing Council or join a committee, please feel free to contact me or Governing Council chair, Monique Crossling.

Meet the Teachers Night

As per COVID guidelines, we are unable to hold our usual whole school Meet the Teachers night. We have decided we will host Meet the Teachers online



Resilience
Opportunity
Responsibility
Pride

Important Diary Dates

Monday 7th March - 6.30pm Governing Council AGM

8th & 9th March - Meet the Teachers

Friday 11th March - Student Free Day

Monday 14th March - Public Holiday

via Microsoft Teams. Please keep an eye out for the link your child's teacher will post via SeeSaw to join the meeting next week. We will however hold our Receptions Meet the Teachers face-to-face on the front oval. This will be a great opportunity to meet your child's teacher, hear all about their classroom expectations, curriculum information and to answer any questions you may have.

Foundational Reading Skills Professional Development

Last week our Junior Primary teachers attended a Professional Development course around Foundational Reading Skills. This provided our teachers with the latest evidence-based research and knowledge that best supports junior primary students develop their reading skills. Our Junior Primary teachers are excited to plan and implement this effective teaching and learning to ensure our students can develop their foundational reading skills and reach their reading goals.

Bounce and Bop

Today we welcomed back Bounce and Bop at NSPS. We were so happy to see our little boppers full of smiles and dance moves. Bounce and Bop is a half hour session of rhymes, songs, movement and stories in a fun filled, friendly environment followed by a play and a nchat. We welcome your child/ren from birth – 4 years of age. The activities aim to encourage early Literacy and Numeracy skills through Music and Movement. Stories and other literature are used as a stimulus for songs and movement. Bounce and Bop is held every Thursday at 10am and is just a gold coin donation. We would love to see you!

Please like our Facebook page "Bounce n Bop" to keep up to date with the latest information. We appreciate your support.

Uniform

Friendly reminder of our school uniform policy. Please ensure your child is attending school in our school uniform, including appropriate footwear for outdoor activities.

**Meet the Teachers Night
Reception classes**

5.00pm - 5.45pm
Meet on the front oval
near the playground

If you have any questions you would like answered during the meeting, please send the teachers a SeeSaw message before the day so they can cover your answer within their chat.

**Tuesday 8th
March, 2022**

**Meet the Teachers
Night online via
Microsoft Teams**

**Tuesday 8th March
5:45 - 6:30pm
Rooms 14, 16, & 19**

**Wednesday 9th March
5:00 - 5:45pm
Rooms 12 & 13
5:45-6:30pm
Rooms 5, 7 & 8**

- You will be sent a link to join the team via SeeSaw (same way as online learning)
- If you have any questions you would like answered during the TEAMS meeting, please send the teachers a SeeSaw message before the day so they can cover your answer within their chat.

**We
want
you**

**Naracoorte
South
Primary
School
Governing
Council
AGM
Monday
7th March
6.30pm**

**Learn Lead Achieve
NSPS**

The Naracoorte South Primary School Governing Council is a dynamic and proactive group of parents interested in assisting the Principal help set and monitor the direction for the school.

We meet twice a term on a night determined by the incoming council, usually from 7pm and discuss a range of aspects of the school. You can self-nominate or be nominated and accept the position for two years.

Jess

Crossing Roster

<i>Week 6</i>	<i>Week 7</i>
Jack Hutchesson	Pippa Harvie
Deaken Bilston	Kelcey Dolphin
Hanif Ali	Sydney Schultz

Deputy News

Student Leaders

Thankfully we have seen some lifts in school based COVID restrictions meaning we have been able to begin a few more of our special programs. Our student leadership teams were able to meet for the first time yesterday. We have many opportunities for students to take on leadership roles. This year:

- I will be working with the KIC Executive
- Jess will work with the House Captains
- Cathie will work with the YHMA (Youth Mental Health Ambassadors)
- Ian will work with EAGS (Environment and Agriculture Group)
- John will work with the YELP (Youth Environmental Leaders Program) group.

We also have a band of School Photographers who take on a leadership role too. If we have any parents who would be happy to give some photography hints and tips for this group, please contact me at the school!

These leadership opportunities benefit the students in many ways. It is always exciting to see the skills and confidence of these students grow over the course of the school year!

KIC

As we have not been able to meet as a whole school yet, the KIC Exec have been looking at other ways they can support the needs of the students. They are designing a new “Intention Classroom” interactive PowerPoint for all classes to go through next Monday. This is a way to help all students focus on a whole school intention in the absence of an intention assembly. The first intention they have chosen to focus on as a whole is “Treat others as you would like them to treat you” (also referred to as the Golden Rule). It is a great intention to focus on for us

We have now voted in all of our school KIC reps and look forward to having our first meeting next Wednesday!

Congratulations to the students voted in as our Semester 1 reps:

	Semester 1 Reps
Room 2	Myah Jaensch & Blair Zeuner
Room 4	Ella Harris & Eli Williams
Room 5	Farheen Ali & Kamran Ali
Room 7	Sarah Mir & Joel Chae
Room 8	Frankie Crossling & Myles Holly
Room 12	Becca Garrigan & Silas Osborne
Room 13	Indy Crick & Spencer Smith
Room 14	Skylah Gnys & Edward Heffernan
Room 16	Mckinlee Brighton & Raphael Sopha
Room 19	Alexis Brown & Jacinta Williams

I am looking forward to working with the KIC exec and reps to make 2022 a very successful year!



Room 2



Room 4



Room 5



Room 7



Room 8



Room 12



Room 13



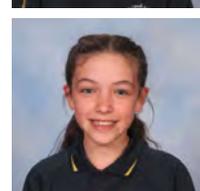
Room 14



Room 16



Room 19



Counsellor Chat

Somehow we are almost halfway through the first term! It is great to see our new students becoming more familiar with the routines of the School environment and our Year 6 students adjusting to their senior roles this year. Despite the uncertainty we are all learning to live with the ongoing COVID presence and to be flexible in our plans and activities. This is truly the sign of a Growth Mindset!

Volunteers

Volunteers are highly valued at Naracoorte South and have been sorely missed during the recent restrictions and staggered start to 2022. As you can see from the following list, they do much to enhance the many programmes and activities we provide. However, we look forward to welcoming our wonderful, patient volunteers back to School very soon!

Some of the many ways that you can participate include:

- Canteen (helping Ginny to prepare and serve lunch orders)
- Brekky Club (see below)
- LAP (working with one student every week)
- Classroom helper (Reading, Maths facts, etc)
- Governing Council
- School committees (e.g. Fundraising, Special Projects, Sports)
- Care Packages (providing food to support families)
- Helpers on special days (e.g. selling drinks at Sports Day),...



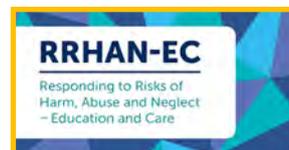
If you are interested in finding out more about any of these activities, please fill in and return the enclosed form to School. We look forward to hearing from you.

Volunteer training

As restrictions begin to ease, we are looking forward to welcoming our wonderful, patient volunteers back to School. Part of the requirements for being a volunteer are to provide your Criminal Safety Screening Check to the School, and to complete the Recognising and Responding to Harm, Abuse and Neglect training (RRHAN). This is the updated version of the RAN training which was previously required. It is timely then, for all volunteers – both prospective and continuing, to attend a training session as soon as possible.

I am pleased to offer a couple of RHHAN sessions here at School.

- Monday, March 21st from 11:30am-1:00pm in the Hall.
- Thursday, March 24th from 5:30pm-7:00pm in the Hall.



Please contact us on 8762 2977, or indicate on the enclosed Volunteer form if you would like to book a spot, as the number of attendees will be restricted.

Brekky Club

At present NSPS is able to provide breakfast for students each day, thanks to the support of Foodbank and to a small number of fantastic parent volunteers.

These parents are rostered on, either weekly or fortnightly, to put out the supplies, cook the toast, prepare the milo and provide a cheery and welcoming presence from 8:00-8:30am. Apparently the word on the street is that they enjoy this time just as much as the students!

We are hoping for some more volunteers to “join the Club” and to assist with this vital wellbeing project. Please fill in the enclosed form if you would be interested in helping out, either on a regular basis or on a standby roster.

Our students really benefit from this positive and nutritional start to the day, and can then “put their best foot forward” as they begin their learning.

On another “note”: Music request

We are on the hunt for some single cushions for the Hall. If you happen to have a spare cushion which you would like to donate, we would love to receive it please!



Cathie Biggins
Wellbeing Leader

Reading at NSPS

Reading is an important life skill. Learning to read is a complicated process and it takes time to develop the skills to be a proficient reader. At NSPS we continue to work collaboratively to support the development of our student's reading abilities.



Both in and out of the classroom we provide -

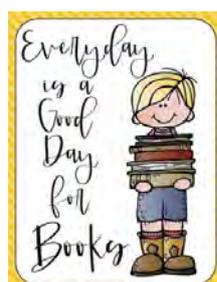
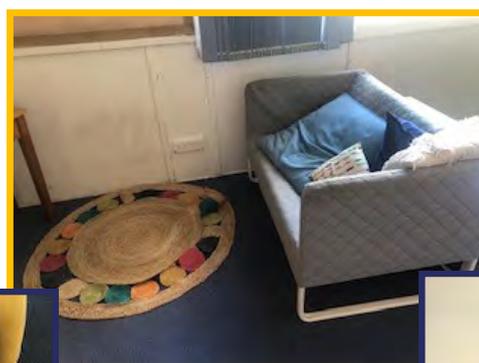
- Access to a wide variety of print and non-print learning materials
- Class libraries which include a range of text types (comics, magazines, graphic novels, picture books and many more!)
- Access to the school library before and after school and during regular class borrowing times
- A whole school subscription to Reading Eggs which students can access at home
- Daily opportunities for reading including whole class, small group, buddy and partner reading as well as independent reading
- Explicit teaching of reading strategies – through our Initialit and Spellit spelling programs across the school
- Explicit teaching of comprehension strategies to better help our students understand what they are reading
- Access to 'take home' readers
- Regular, small group, targeted guided reading sessions
- Intervention programs such as MiniLit to help identified students when needed
- Involvement in whole school activities to promote a love of reading such as the Premier's Reading Challenge, Book Week and Simultaneous Story Time

Regular opportunities to practise reading at home, or making time to read to/with your child, are just as valuable as reading experiences provided at school! Having your child view you as a 'reader' and sharing reading experiences together helps to promote reading as both a functional skill and an enjoyable hobby!

If you would like ideas to support your child's home reading or would like more information about reading at school, please make contact with your child's classroom teacher.

Happy Reading!

Literacy PLC



Kids Health

Something that I have noticed this year is the stress levels of students and adults are higher for this time of the year.

Sources of Stress

Stress is a function of the demands placed on us and our ability to meet them. These demands often come from outside sources, such as family, jobs, friends, or school. But it also can come from within, often related to what we think we should be doing versus what we're actually able to do.

So stress can affect anyone who feels overwhelmed — even kids. In pre-schoolers, separation from parents can cause anxiety. As kids get older, academic and social pressures (especially from trying to fit in) create stress. Many kids are too busy to have time to play creatively or relax after school. Kids who complain about all their activities or who refuse to go to them might be overscheduled. Talk with your kids about how they feel about extracurricular activities. If they complain, discuss the pros and cons of stopping one activity. If stopping isn't an option, explore ways to help manage your child's time and responsibilities to lessen the anxiety.

Kids' stress may be intensified by more than just what's happening in their own lives. Do your kids hear you talking about troubles at work, worrying about a relative's illness, or arguing with your spouse about financial matters? Parents should watch how they discuss such issues when their kids are near because children will pick up on their parents' anxieties and start to worry themselves.

World news can cause stress. Kids who see disturbing images on TV or hear talk of natural disasters, war, and terrorism may worry about their own safety and that of the people they love. Talk to your kids about what they see and hear and monitor what they watch on TV so that you can help them understand what's going on.

Some things that aren't a big deal to adults can cause significant stress for kids. Let your kids know that you understand they're stressed and don't dismiss their feelings as inappropriate.

Signs and Symptoms

While it's not always easy to recognize when kids are stressed out, short-term behavioural changes — such as mood swings, acting out, changes in sleep patterns, or bedwetting — can be indications. Some kids have physical effects, including stomach-aches and headaches. Others have trouble concentrating or completing schoolwork. Still others become withdrawn or spend a lot of time alone.

Younger children may pick up new habits like thumb sucking, hair twirling or nose picking; older kids may begin to lie, bully or defy authority. A child who is stressed may overreact to minor problems, have nightmares, become clingy or have drastic changes in academic performance.

Reducing Stress

How can you help kids cope with stress? Proper rest and good nutrition can boost coping skills, as can good parenting. Make time for your kids each day. Whether they need to talk or just be in the same room with you, make yourself available. Don't try to make them talk, even if you know what they're worried about. Sometimes kids just feel better when you spend time with them on fun activities.

Even as kids get older, quality time is important. It's really hard for some people to come home after work, get down on the floor, and play with their kids or just talk to them about their day — especially if they've had a stressful day themselves. But expressing interest shows your kids that they're important to you.

Help your child cope with stress by talking about what may be causing it.

Together, you can come up with a few solutions like cutting back on after-school activities, spending more time talking with parents or teachers, developing an exercise regimen or keeping a journal.

You also can help by anticipating potentially stressful situations and preparing kids for them. For example, let your son or daughter know ahead of time that a doctor's appointment is coming up and talk about what will happen there. Tailor the information to your child's age — younger kids won't need as much advance preparation or details as older kids or teens.

Remember that some level of stress is normal; let your kids know that it's OK to feel angry, scared, lonely or anxious and that other people share those feelings. Reassurance is important, so remind them that you're confident that they can handle the situation.

Helping Your Child Cope

When kids can't or won't discuss their stressful issues, try talking about your own. This shows that you're willing to tackle tough topics and are available to talk with when they're ready. If a child shows symptoms that concern you and is unwilling to talk, consult a therapist or other mental health specialist. Books can help young kids identify with characters in stressful situations and learn how they cope. Check out *Alexander and the Terrible, Horrible, No Good, Very Bad Day* by Judith Viorst; *Tear Soup* by Pat Schweibert, *Chuck DeKlyen*, and *Taylor Bills*; and *Dinosaurs Divorce* by Marc Brown and Laurene Krasny Brown.

Most parents have the skills to deal with their child's stress. The time to seek professional attention is when any change in behaviour persists, when stress is causing serious anxiety, or when the behaviour causes significant problems at school or at home.

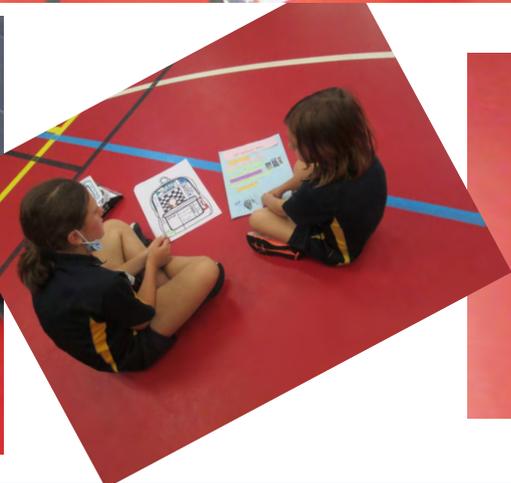
If the wellbeing team (Cathie Biggins or John Stayte) can be of assistance, please contact the school office.

John Stayte
Pastoral Care Worker

Room 19 and 7 Buddy Class

Due to COVID Restrictions, classes have not been able to combine since the start of the year. However this week the room 19 students have been able to catch up with their younger buddies and share some of their “About Me” work completed during the early stages of the year.

Students from Room 19 shared their “About Me” backpack’s while Room 7 students shared their posters with lots of personal facts to share with their older buddies. After completing their sharing, the younger students got a chance to read with their room 19 buddies.



Aboriginal Knowledges

Take a look at the fantastic Aboriginal knowledges

that are being taught in our classrooms this year!

It is great to see how teachers have been incorporating **Aboriginal ways of learning** into their everyday teaching. **For example....**

Rooms 2 and 4 have been learning **Aboriginal Dreaming**, and recording information using symbols and art. Singing traditional songs, performing dances and identifying bush tucker.



Rooms 5, 7 and 8 have been learning to count in Boandik, recognising the Ngarrindjeri seasons by insects and animals, and creating traditional medicines.

Rooms 12, 13 and 16 have been learning about the different Aboriginal language areas, ways of caring for our **native landscape**, Aboriginal music and ceremonial dance.



NSPS is committed to Reconciliation and valuing Aboriginal and Torres Strait Island cultures. We are working as a team to create a school Acknowledgement of Country. We have included this below for community feedback... if you would like to have input in this, please contact either CC or myself at the school.

Chelsea Brighton



Term 1 Uniform Order

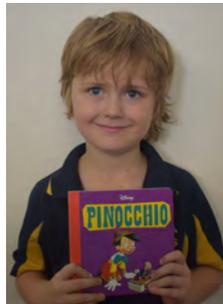
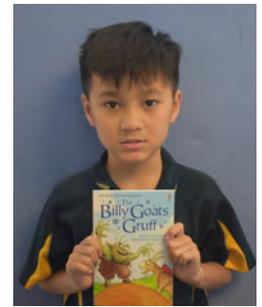
This term's uniform order closes on Wednesday 9th March. Please make sure you have your order and money to the office as we only keep minimum stock at school.

Thank you

Today we received loaves of bread from the Joanna Hall Fundraising group for our Breaky Club. Thank you

Happy Birthday to

Chelsea Secker who was 10 on 26th February
 Eli Williams who was 5 & Anastasia Plummer who was 11 on 28th February
 Ruby Murphy who is 7, Makenzie Bell who is 8 & Ashlan Bell who is 12 today, 3rd March



Community News

The Circle of Volunteers, affiliated with the Naracoorte Lucindale Community Care Network has a history of welcoming new cultures to Naracoorte. Come join the fun.




MULTI-CULTURAL WOMENS Community Meeting

POP-IN MEET & GREET, TOUR OF THE NEW LIBRARY AND CONNECTING TOWN HALL, GETTING TO KNOW EACH OTHER, MAKING PLANS FOR OUR FUTURE AND WELCOMING IDEAS.

NARACOORTE LIBRARY
THURSDAY MARCH 10, 2022
10AM – 12PM
EVERY 2ND THURSDAY OF THE MONTH

Contact: Venita Bator
 0417 023 600



ALL ARE WELCOME TO 2022

JUNIOR NETBALL TRAINING

DIV 1, 2 & U15 PLAYERS ARE ALSO INVITED TO ATTEND SENIOR SKILLS AND DEVELOPMENT TRAININGS, IMMEDIATELY FOLLOWING ALL JUNIOR TRAININGS

24 FEBRUARY 2022 | 4.30PM
 FRANCES NETBALL COURTS

Enquiries to Rachel Mahney 0427 564 029 or rmahney@munromahney.com.au



Don't forget to follow us on Facebook and sign up for Seesaw app to get all the up-to-date information.



Term 1, 2022

Mon	Tue	Wed	Thu	Fri
31/1 Wk 1	1/2	2/2 Rec-Yr 2 Commence school Yr 3-6 Online learning	3/2	4/2
7/2 Wk 2	8/2	9/2	10/2	11/2
14/2 Wk 3 Yr 3-6 return to school	15/2 Canteen Opens	16/2 Rms 12, 13, 14 16 & 19 Basketball with Matho	17/2 Newsletter	18/2
21/2 Wk 4 7.00pm Governing Council meeting	22/2	23/2 Rms 12, 13, 14 16 & 9 Basketball with Matho	24/2	25/2
28/2 Wk 5	1/3	2/3 Rms 12, 13, 14 16 & 19 Basketball with Matho	3/3 Newsletter	4/3 Schools Clean up Day
7/3 Wk 6 6.30pm Governing Council AGM - All Welcome	8/3 YELP @ Caves Meet the Teachers	9/3 Rms 12, 13, 14 16 & 19 Basketball with Matho Meet the Teachers	10/3	11/3 Student Free Day
14/3 Wk 7 Adelaide Cup Public Holiday	15/3	16/3 Rms 2, 4, 5, 7, 8 Basketball with Matho	17/3 Newsletter	18/3 School Closure for Lucindale Field Day Fundraising @ Field Days National day of Action against Bullying
21/3 Wk 8 11.30am RRHAN training SAPSASA Swimming trials	22/3 National Ride 2 School Day	23/3 Rms 2, 4, 5, 7, 8 Basketball with Matho	24/3 11.00am NAPLAN practice 5.30pm RRHAN training	25/3 Harmony Day
28/3 Wk 9	29/3 BMX Bike Show	30/3 Rms 2, 4, 5, 7, 8 Basketball with Matho SAPSASA 5/6 AFL Trials	31/3 Newsletter	1/4 Save the Date Sports Day Daylight Savings finish 3/4/22
4/4 Wk 10	5/4	6/4 Rms 2, 4, 5, 7, 8 Basketball with Matho SAPSASA 5/6 AFL Trials	7/4	8/4 Save the Date Sports Day Backup
11/4 Wk 11 9.15am Awards Assembly	12/4	13/4 Year 3 Robe Camp	14/4 Alpha Shows Newsletter 2.15pm Dismissal	15/4 Good Friday

Naracoorte South Primary School Uniform



T-shirt- navy and gold polo		Windcheater- navy	
Navy long sleeved polo		Dress - navy, white and gold check	
Tunic- navy checked		Skirt- navy checked	
Skort- navy		Track pants/ trousers - navy	
Shorts- navy		Tights - navy	
Navy, white or black headscarf		Navy jacket	

The following is **NOT** acceptable as part of the uniform

Thongs, dress boots		Jeans or denim shorts	
Bike pants, active wear		Coloured hair	
Body piercing or jewellery (simple studs and sleepers only)			

2022 Volunteer Information Form

Please fill in the details and return the form to the Front Office.

A staff member will then be in touch.

Thank you for considering giving some of your time in helping our students this year.

My name is: _____ and I am interested in:

Canteen

(helping Ginny to prepare and serve lunch orders)

Information please!

I could help on a: Tues ~~Thur~~ Fri

Brekky Club (see below)

Information please!

I could help on a:

Mon Tues Wed ~~Thur~~ Fri

I would be happy to be on the fill-in list

LAP - Learning Assistance Programme

(working with one student every week)

Information please!

I would like to be involved this year.

Classroom helper

(Reading, Maths facts, etc)

I would like the Room _____ teacher to contact me.

Governing Council

Information please!

I would like to be involved this year.

School committees

(e.g. Fundraising, Special Projects, Sports)

Information please!

I would like to be involved this year. I would be interested in

Finance Fundraising Canteen Sports Special Projects

Care Packages

(providing food, e.g. cakes, lasagnes, casseroles, to support families)

Information please!

I would like to be involved this year.

Administrative help

(e.g. covering library books.)

Information please!

I would like to be involved this year.

Attend RRHAN Training

Monday, March 21st from 11:30am-1:00pm

Thursday, March 24th from ~~5:30pm~~ 5:30pm-7:00pm

Other?

I have a skill or hobby that I would like to share with

students (e.g. woodwork, gardening, weaving, yodelling):
