

# NARACORTE SOUTH PRIMARY SCHOOL



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31st May, 2018

Newsletter No. 8

Principal : Kirsty Lush  
Chairperson : Troy Henschke

## Responsibility Resilience Pride Opportunity



Government of South Australia  
Department for Education

### *From the Principal .... Sharing the good news!*

This week we have said farewell to two of our students, Nick Wilby who will be attending school in Mount Gambier and Zhara Najafi, whose family is moving interstate. We wish you all the best at your new schools.

### **Open Evening and Open Day**

We had a wonderful turn out for our second annual Open Evening. It was lovely to meet lots of new people and put faces to names. Next Wednesday is our Open Day, which will be held from 12 to 1pm, followed by a light lunch. Open Day will run a little differently this year- I will lead a group of new or potential parents on a tour of the school and grounds, while existing parents/ grandparents/special people will have the opportunity to spend time in the classrooms of their choice and see our school in action. Look out for an invite coming home soon!

### **STEM 500**

Last week, Mrs Lane, Mr McCarthy and I travelled to the STEM 500 conference in Adelaide along with many other teachers and leaders from the South East. Two teachers from every school around the state are being trained over the next two year to become our STEM experts. Our school has chosen to focus on mathematics to consolidate the work we are doing across the site in number fluency and mental computation.

### **First year students**

We have three first year education students who are students at Uni SA undertaking their first placement with us over the next few weeks. Welcome to Taylor Ferguson and past students Lily Gill and Courtney Williams, we are sure that you will learn lots in your time here!



### *Diary Dates*

#### **Friday 1st June**

**12.15pm** Primary Assembly

**7.00pm** Movie Night

#### **Wednesday 6th June**

**12noon** Open Day

#### **Thursday 7th June**

**10.30am** Bounce & Bop

Drumming Workshop

#### **Monday 11th June**

Public Holiday

#### **Tuesday 12th June**

ICAS Writing

#### **Wednesday 13th June**

ICAS Spelling

**6.30pm** RAN Training for volunteers

#### **Thursday 14th June**

**10.30am** Bounce & Bop

Next Newsletter

#### **Friday 15th June**

KIC fundraiser day - Stay tuned

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## RAN training

A reminder that Samantha Power and I will be holding RAN (Recognising Abuse and Neglect) training on Wednesday the 13<sup>th</sup> of June from 6:30 for all our volunteers. It is a requirement that volunteers in schools complete this training, so please call the school to let us know if you can make it.

*Kirsty*

## Cross Country

On Friday 18th May we had over 30 students participating in the Cross Country at Naracoorte Primary. Thanks to all the parents for their support in transportation.

Well done to Indiana Stuchbery who finished 3rd, Matt Maney 6th and Zarabell Stuchbery 9th.

Others who finished in the top 30...  
Mia Grady 17th, Max Lush 18th, Zara East 20th, Harrison Clark 21st, Tyler Edson 26th and Jen Ellis 27th.

*Josh Cother*  
Sports Co-ordinator



## Roster

Tuesday 5th June	*
Wednesday 6th June	MDurston
Thursday 7th June	N Mathie
Friday 8th June	S Patrick
Tuesday 12th June	*
Wednesday 13th June	*
Thursday 14th June	C Maney
Friday 15th June	S Patrick

Thanks you to Liz & Bryce Crick for their very generous donation to the canteen.

*Glenda Herron*  
Canteen Manager

## Bees

On Tuesday Keith came into room 9 and talked to us about bees and it was fun. *(Alex)*

Keith said bees need an equal amount of nectar and pollen. *(Charlotte)*

The queen bee can't go through the gaps to the nectar so she has to stay at the bottom of the hive to lay eggs and the queen bee only has a short life to live in and so do the soldiers. *(Zara)*

We got to dress up in beekeeper suits, I wore the hat. *(Leah)*

I liked the digital microscope to see a queen bee up close, we learnt that if the workers decide that the queen isn't good enough anymore, they will kill her. *(Kaleb)*





### Deputy News

#### KIC

Our intention for week 4 and 5 is all about children understanding their feelings and creating positive wellbeing. The purpose of this intention was to alert your children to the fact that there are things they can do to take care of their emotional health. Amity-Mei and Jim from Room 7 role-played a collection of ideas children could use to manage the stresses within their lives more effectively so they feel calmer, happier and more resilient. Be sure to follow up on your child's selection of 'calm-down' ideas because as children become actively involved in managing their wellbeing, the risk of them storing frustrations is minimised.

The KIC committee are organising their first fundraiser for the year. They will be getting a note out next week and I will leave it up to them to fill you in on the details! Stay tuned 😊

#### EAGS

As you are reading this our EAGS leaders are attending their YELP (Young Environmental Leaders Program) camp at the Naracoorte Caves. I am sure they will come back filled with lots of new ideas and stories! A big thankyou goes to John who volunteered to attend the camp with them. Today Ian also went out for the day to join in the fun and support the leaders in making plans for the school.

#### 2018 Public Education Awards

A huge congratulation goes to Kirsty Lush who has been nominated as an exceptional site leader in the 2018 Public Education Awards. Kirsty is an amazing leader who I learn from every day and I am so thrilled that her skills have been acknowledged in this way.

#### NETBALL

Our two teams are continuing to progress their skills each week. They have played several matches each now and are really committed to improving. We are very proud of them and encourage you to come and watch a game on Saturdays at 10am.

Have a wonderful fortnight

Kym

### School Fees 2018

Your second instalment of \$100.00 is OVERDUE.

Payments can be made by cheque, cash, credit card or online.

BSB: 105 043 A.C Number 185337240

Please put your surname in details and forward an email to

Cheryl.kramm9@schools.sa.edu.au to confirm payment.

If you are having difficulties making these payment, please contact me so we are able to make alternative arrangements.

Cheryl Kramm  
Business Manger

## Movie Night Friday 1st June "Life of the Party"

How would you like to be a VIP at our movie night and receive the royal treatment? For a gold coin donation, you can go into the draw on the night to win a VIP experience for you and a friend! Comfy seating with the best view in the house, a drink of your choice and your very own cheese platter to share. What a way to experience Life of the Party.



## GREAT DREAM

Ten keys to happier living

- |              |                                 |
|--------------|---------------------------------|
| GIVING       | Do things for others            |
| RELATING     | Connect with people             |
| EXERCISING   | Take care of your body          |
| APPRECIATING | Notice the world around         |
| TRYING OUT   | Keep learning new things        |
| DIRECTION    | Have goals to look forward to   |
| RESILIENCE   | Find ways to bounce back        |
| EMOTION      | Take a positive approach        |
| ACCEPTANCE   | Be comfortable with who you are |
| MEANING      | Be part of something bigger     |

ACTION FOR HAPPINESS

www.actionforhappiness.org

### *Buddies with Room 4*

Each Tuesday we spend a lesson with our Foundation/Year 1 buddies. We like to listen to each other read and spend time playing.



### *Room 10*

#### *Science*

For science we had to use our knowledge of materials and package an Easter Egg to be sent from Adelaide and arrive in tact.





### Movie Making

For our assembly item this week we have been busy making iMovie trailers. We had to plan our trailer and then film using props if we needed. If you come to Assembly Friday you will be able to view our masterpieces



### Happy birthday to ...

Mahli Donaldson who was 7 on 17th May  
 Lucy McNamara who was 8 & Blake East who was 12 on 18th May  
 Ziva Carter Pevvit who was 8 on 20th May  
 Amber Lovegrove who was 6 on 22nd May  
 Gemma Occleshaw who was 8 on 23rd May  
 Alexis Flint who was 6 on 25th May  
 Cam Coutts who is 13 today, 31st May



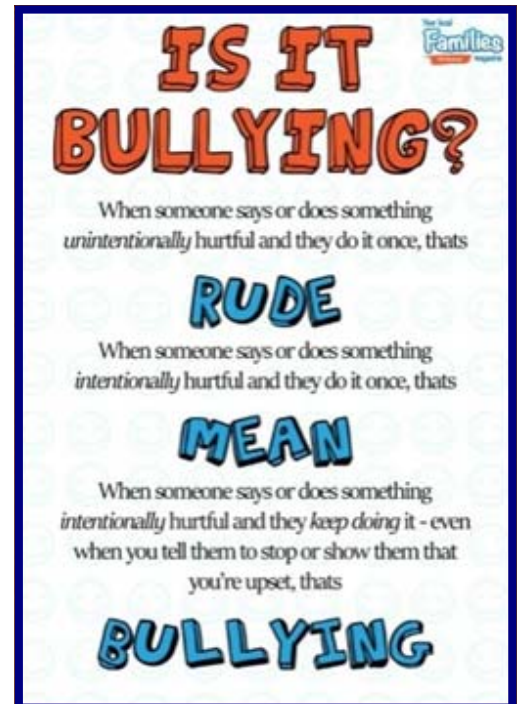
### Counsellor Chat

#### **Bullying**

Bullying is a word that gets used a lot in schools and in the media. It is important to remember exactly what bullying involves and how to manage situations where there may be bullying occurring.

As parents and teachers we have a responsibility to teach our children to be aware of what exactly bullying is and how to deal with it appropriately. It isn't something that occurs as a once off but is mean and rude actions done intentionally and repeatedly that makes it a bullying issue. We use restorative practices at NSPS where the students are able to attempt to restore relationships themselves or with the support of a teacher. It is important that the students have staff at school that they are comfortable to share problems with. Please take the time to talk to your child as to whom they would feel comfortable discussing an issue with at school should the need arise.

There is a great website [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) which is an excellent resource for information and to answer any questions you may have about this issue. I encourage all parents to take a few minutes to look at this website as it is very informative.



The national definition of bullying for Australian schools says:

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Samantha Power ☺

### Assembly Dates

**Fridays**  
Junior Primary F-2 @10.00am

Wk 8 - 22/6/18  
Room 2 are hosting

Primary 3-7 @ 12.15pm

Wk 5 - 1/6/18  
Room 9 are hosting & rooms 10, 13 & 19 sharing work

Wk 9 - 29/6/18  
Room 19 are hosting & rooms 12 & 14 sharing work

## Wipe out Waste

[www.wow.sa.gov.au](http://www.wow.sa.gov.au)

### Go paperless!

Request to send or receive newsletters via email and reduce printing.

Avoiding waste is the best option, ALWAYS!



## PCW Corner

**The Power of One**

Have you every listened to the news or read the paper and felt a sense of despair, and frustrated at what is happening in the World?

So often we think that it is too hard to bring about change that may be true on a global scale. But what about brining change to one person at a time?

**The Starfish Story:** one step towards changing the world

By [Peter Straube](#)

You may have heard this one, but I find that it doesn't hurt to be reminded of it every once in a while. First let me tell you the story, and then we can talk about it.



**Once upon a time, there was an old man who used to go to the ocean to do his writing.**

He had a habit of walking on the beach every morning before he began his work. Early one morning, he was walking along the shore after a big storm had passed and found the vast beach littered with starfish as far as the eye could see, stretching in both directions.

Off in the distance, the old man noticed a small boy approaching. As the boy walked, he paused every so often and as he grew closer, the man could see that he was occasionally bending down to pick up an object and throw it into the sea. The boy came closer still and the man called out, "Good morning! May I ask what it is that you are doing?"

The young boy paused, looked up, and replied "Throwing starfish into the ocean. The tide has washed them up onto the beach and they can't return to the sea by themselves," the youth replied. "When the sun gets high, they will die, unless I throw them back into the water."

The old man replied, "But there must be tens of thousands of starfish on this beach. I'm afraid you won't really be able to make much of a difference."



The boy bent down, picked up yet another starfish and threw it as far as he could into the ocean. Then he turned, smiled and said, "It made a difference to that one!"

Adapted from [The Star Thrower](#), by Loren Eiseley (1907 – 1977)

We all have the opportunity to help create positive change, but if you're like me, you sometimes find yourself thinking, "I'm already really busy, and how much of a difference can I really make?" I think this is especially true when we're talking about addressing massive social problems like tackling world hunger or finding a cure for cancer, but it pops up all of the time in our everyday lives, as well. So when I catch myself thinking that way, it helps to remember this story. You might not be able to change the entire world, but at least you can change a small part of it, for someone.

They say that one of the most common reasons we procrastinate is because we see the challenge before us as overwhelming, and that a good way to counter that is to break the big challenge down into smaller pieces and then take those one at a time—like one starfish at a time. And to that one starfish, it can make a world of difference.



"A single, ordinary person still can make a difference – and single, ordinary people are doing precisely that every day."

— [Chris Bohjalian](#), Vermont-based author and speaker

John Stayte  
PCW



## Community News

### Get Your Life Back

#### Get Your Life Back!

A series of 8 workshops to make a measurable improvement in your mental health.

Info session Thursday 31st May, 1-3pm at Sheeps' Back Museum meeting room.

Details: <http://nedleydepressionrecovery.com/about-the-program/>.

Enquiries and bookings: 0466 248 380.

### Foster Care

You are invited to chat with Cindy and Linda about becoming a foster carer with ac.care.

Date: Thursday 14th June - 6.00-7.00pm

Venue: Naracoorte Library

Country kids need local foster carers



## NARACOOTE SOUTH PRIMARY SCHOOL

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Email: [Kirsty.Lush598@schools.sa.edu.au](mailto:Kirsty.Lush598@schools.sa.edu.au)



## OPEN DAY

Wednesday 6th June, 2018  
12 noon - 1.00pm  
followed by a light lunch

Principal Kirsty Lush & Deputy Principal Kym Shepherd invite you to investigate the learning options available for your child.

RSVP: 5/6/18

Responsibility Resilience Pride Opportunity

If your child turns 4 before the 1st of May, please contact your Kindergarten of choice to register for enrolment in 2019.

For more information: [www.education.sa.gov.au](http://www.education.sa.gov.au)



#### Michelle DeGaris Memorial Kindergarten

10 Price Avenue, Naracoorte SA 5271

Phone: 87621086

Email: [dl.6526.leaders@schools.sa.edu.au](mailto:dl.6526.leaders@schools.sa.edu.au)

Director: Mrs Geraldine Mathieson



#### Naracoorte North Kindergarten

39 Park Terrace, Naracoorte SA 5271

Phone: 87621581

Email: [dl.6537.leaders@schools.sa.edu.au](mailto:dl.6537.leaders@schools.sa.edu.au)

Director: Miss Kara Lang



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